

REFUGEE COUNCIL DIRECTORY: DAY CENTRES, FREE AND CHEAP FOOD AND DESTITUTION SERVICES IN LONDON.

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NOTE:

Many of the organisations in this directory also offer advice and support services, educational classes and health access amongst other things. If you do not find what you need in the list, Refugees in Effective and Active Partnership (REAP) has a London Refugee Directory on their website: www.reap.org.uk This includes a larger list of other organisations, including refugee community organisations, who may be able to help.

If you are homeless you will find a larger list of different services, including day centres, destitution and advice services, on the Homeless London website: www.homelesslondon.org



CENTRAL LONDON

Action For Children - Bayswater Family Centre

A drop-in centre for families who are homeless, on a low income, asylum seekers or refugees. There is a crèche and drop-in play facility for under 5s. Drop-in advice on benefits, housing, childcare. Emergency welfare assistance with food and clothing. Domestic violence counselling. ESOL and computer classes. Laundry facilities, use of kitchen.

Address: 14-18 Newton Road, London, W2 5LT, Tel: 020 7221 3290,

Email: bayswaterfc@actionforchildren.org.uk, Website: http://my.actionforchildren.org.uk/bayswater-families-centre



Hare Krishna, Food For All

Provide free hot meals for homeless people and other people in need in four outdoor locations between Monday and Saturday.





Notre Dame Refugee Centre

Notre Dame Refugee Centre is an independent charity in the heart of London's West End. We specialise in help for French-speaking asylum seekers and refugees but our doors are open to all. We offer warm food twice-weekly at our Drop-In Café.

Address: 5 Leicester Place, London WC2H 7BX, Tel: 020 7440 2668, Email: info@notredamerc.org.uk,





American Church in London - Soup Kitchen

The Soup Kitchen is a resource for the homeless, elderly, lonely and poor in Central London, providing free hot meals, clothes and toiletries, and creating a sense of belonging and community. Serving around 60 people a day from 10am -12 noon on Monday, Tuesday, Thursday, Friday and Saturday, with the Clothes Closet open on alternate Mondays.

Address: 79a Tottenham Court Road, London, W1T 4TD, Tel: 0207-580-2791, Email: info@amchurch.co.uk Website: http://www.amchurch.co.uk/soup kitchen.htm



St Pancras Refugee Centre, Holy Cross Church

Day centre for asylum seekers and refugees and provides advice, advocacy and casework regarding welfare rights, housing, community care, asylum support and immigration. Drop-in sessions on Weds 12-3pm and Fri 12-3pm offer hot meals, advice and support. Also offers ESOL classes and help accessing education, training, employment and healthcare provides. Drop-in - mental health on Monday 2pm - 5pm and homeless a drop-in for soup and bread on Tuesdays 6pm - 9pm.

Address: The Crypt, Holy Cross Church, Cromer Street, London, WC1H 8JU, Tel: 020 7278 8687, Email: contactus@hcct.org.uk, Website: http://www.hcct.org.uk/what-we-do/projects/sparc/



The Connection at St Martin-in-the-Fields

Day Centre Facilities include a café, laundry, lockers, showers and health services. The Café serves up a variety of delicious food to meet the diverse tastes of our client group, with a daily changing menu. It gives homeless people daily access to affordable and nutritious food which they would otherwise struggle to find. Weekend services are open from 9.00am to 1.00pm on Saturday and Sunday. Services: Housing and advice, employment and training, young people.

Address: The Connection at St Martin's, 12 Adelaide Street, London, WC2N 4HW, Tel: 020 7766 5544, Email:info@cstm.org.uk, Website: http://www.connection-at-stmartins.org.uk/what-we-do/day-centre.htm





The Passage

The Day Centre, open from 8am to 6pm on weekdays, 9am to 12 noon at weekends. Rough sleepers are given priority during the breakfast period to enable them to access showers, medical care and clothing, as well as food. To ensure that we are able to focus on our core work – helping homeless and vulnerable people – we no longer operate an open-door policy. As a result, fewer people use the Centre but, since we are now able to direct our resources to those most in need, the total number of visits has increased. The majority of are clients are male, but women are welcome.

Address: St Vincent's Centre, Carlisle Place, London SW1P 1NH, Tel: General: 020 7592 1850 (8.30pm-4.30pm Mon-Fri), Day Centre: 020 7592 1887, Assessment and advice: 02075921865, Welfare Rights: 020 7592 1866 Education training and employment: 0207 5921888,

Email: info@passage.org.uk, Website: http://www.passage.org.uk/how we help.aspx





EAST LONDON

Community of Refugees from Vietnam - East London

Range of services for the Vietnamese community. Advice and information on benefits, employment, housing, education, health and mental health. Day centre and lunch club for older people Monday and Friday. Counselling. ESOL classes Monday and Wednesday mornings. Home care for older people and adults with special needs. Interpreting and translation

Address: Dockland Settlement Centre, 197 East Ferry Road, London, E14 3BA, Tel: 020 7538 4986, Email: rveastlondon@aol.com, Website: http://advicefinder.turn2us.org.uk/?q=node/1004038



The Welcome Project

Drop-in service for socially isolated people, particularly homeless people and refugee communities. Hot meals, laundry service, showers, clothing. Nurse led clinic. Housing and benefits advice. Recreational and leisure activities, including an allotment. Opening times: Drop-in Tuesday & Thursday 10am - 3pm, families 10am - 12pm, Wednesday and Friday homeless drop-in. Males only after 12.30pm on Tuesday and Thursday.

Address: The Welcome Centre, 11 Green Lane, Ilford, IG1 1XG, Tel: 020 8220 4111, Website: http://www.homelesslondon.org/details.asp?id=UK31008



Renewal Programme Turnaround Project

Provide safe space, advice support & help with resettlement to single homeless people. We have a day care centre and winter nightshelter, Monday to Friday, 10.00 to 2.00.

Address: Church Hall Lifeskills Centre, 310a Barking Road, London, E13 8HL, Tel: 020 7511 8377

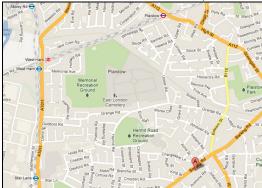




Choral Hall Lifeskills Centre

Choral Hall Lifeskills Centre includes resettlement service for homeless people. Lunch club, laundry facilities, showers, chiropodist, optician. Housing advice Thursdays. Alcohol and drugs counselling on Wednesdays. Nurse on Fridays. Basic skills groups. Access to Newham Nightshelter.

Address: Church Hall Lifeskills Centre, 310a Barking Road, London, E13 8HL, Tel: 020 7511 8377



Community of Congolese Refugees in Great Britain (CORECOG)

Advice, casework and information for Congolese and French speaking African refugees and asylum seekers. Casework in housing, immigration and welfare benefits. Food relief available. Maths and computing education project. Can escort people to the Home Office, DWP etc and provide translation services. Opening times: Monday - Thursday,10.30am - 4.30pm

Address: Stephen Lawrence House, 90 Green Gate Street, Plaistow, London, E13 0AS Tel: 020 8548 4073, 020 8472 1096 or 020 8471 5921, Website: http://www.corecog.org.uk/



Dellow Day Centre

Day centre for homeless people. Provides breakfast and showers. Drop-in from 10am - 12.30pm. Also open 1.30pm - 3.30pm for appointments. Drop-in advice on a first come, first served basis. Housing, mental health and substance misuse advisers.

Address: 82 Wentworth Street, London, E1 7SA, Tel: 020 7375 0020, Email: info@providencerow.org.uk,





Dunloe Centre, St Saviours Priory

Weekly drop-in centre for homeless people offering free food - hot meal and tea. Clothes store. Toiletries, bedding and small domestic items sometimes available. Service for Homeless people and others in need in Hackney and Tower Hamlets. Tuesday: 10.30am - 12pm

Address: St Saviours Priory, 18 Queensbridge Road, London, E2 8NS, Tel: 020 7739 9976 Website: http://homelessuk.org/details.asp?id=UK6768



Jesuit Refugee Service

The Day Centre is a service for destitute asylum seekers who are not eligible for and do not receive asylum support, Section 4 support or assistance from social services. We welcome all nationalities and to those of any faith and those who have no faith; there is no proselytising. The day centre operates an appointment and registration system for new visitors (Mon-Fri). Call to book an appointment. We do not give travel fares for un-booked visits. Asylum seekers who have already been assessed and registered at the day centre are not required to make an appointment for subsequent visits.

Address: The Hurtado Jesuit Centre, 2 Chandler Street, London E1W 2QT, Tel: 020 7488 7310

Email: uk@jrs.net, Website: http://jrsuk.net/whatwedo/help/



Whitechapel Mission - Day Centre

Our daycentre doors open at exactly 6am to anybody. We provide hot food and drink, showers, clothing, free toilets and the chance of a wash and brush-up. Our goal is to empower people that are excluded and we begin that process by creating an environment built on trust, belonging and understanding.

Address: 212 Whitechapel Road, London, E1 1BJ, Tel: 020 7247 8280, Email: info@whitechapel.org.uk

Website: www.whitechapel.org.uk/sdaycentre.php





Renewal Refugee and Migrant Project

Advice, advocacy and crisis support on debt, housing, immigration and nationality, NASS, racial equality, emotional support/counselling for asylum seekers and refugees, welfare benefits, social work stuedent placements. Contact Monday to Friday 9.15am-5.15pm, Open for drop in and appointments Tuesday between 10am-2pm. Food parcels and clothing for refugees and asylum seeker families with no income.

Address: 66B Sebert Road, Forest Gate, London, E7 0NJ, Tel: 020 8221 9200 or 020 8221 4420 Email: cath.woodall@renewalprogramme.org.uk, Website: www.renewalprogramme.org.uk/



The Hartley Centre

Youth, Community & Training Centre in the heart of East Ham. We offer the Community a variety of activities and also provide a wide range of Adult Education Courses. Bringing together people of all ages and cultures, encouraging them to learn new skills and make new friends. youth club for 10 to 20 year olds. After school club for children of 5-11 years old. Adult education courses. Other community activities.

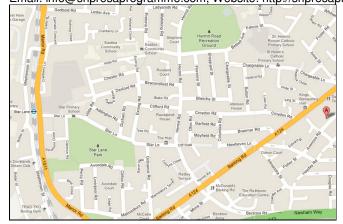
Address: Hartley Centre, 267 Barking Road, East Ham, London, E6 1LB, Tel: 020 8472 0058 Email:carmela@hartleyca.org, Website: www.renewalprogramme.org.uk/index.php/hartleycentre.html



Shpresa Programme

Shpresa programme is an active user-led organisation that advances the education and training of the Albanian speaking people in the UK, so as to enable them to take full and active roles in their communities.

Address: Mansfield House, 30 Avenons Road, Plaistow, E13 8HT, Tel: 020 7474 6829 or 020 7511 1586 Email: info@shpresaprogramme.com, Website: http://shpresaprogramme.com/projects/projects.html





Praxis

Our open access advice service is available Mon, Wed, Fri 10am-1pm Call 02077297985 for an appointment. Health care support provided by Medicins du monde on Mon, Wed, Fri 1pm-5pm. Homelessness support services. Red Cross clothing, free for adults and children, 11am - 4pm. We offer vocational training regularly, including a specialist language course for would-be-social-care professionals and our "Move On" intensive course for Somalis. Mentoring service for new refugees. We have our own community café (Brochette Corner), Mon-Fri: 10am-4pm, Sat: 10am-6pm.

Address: Pott Street, Bethnal Green, London E2 0EF, Tel: 0207 729 7985, Email: admin@praxis.org.uk

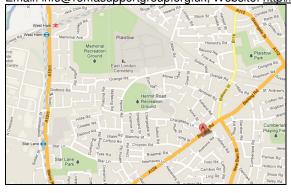




Roma Support Group

The Roma Support Group is a community organisation working with East European Roma refugees and migrants and offers advice and support on welfare, debt, housing and employment and education amongst other activities. Advice and Advocacy Project - 020 7511 5721(Monday, Tuesday and Thursday), Roma Young Refugees' Advocacy and Campaigning Project - 020 7511 7343, Mental Health Advocacy Project - 020 7511 8245 (Monday -Wednesday), Art Project - 07905 85 9012 (Monday-Wednesday), Reception (for making appointments only) - 020 7511 0800 (Monday, Tuesday, Thursday, 10.15am -1pm)

Address: The Junction, 318 Barking Road, London, E13 8HL, Tel: 020 7511 5721 Email: info@romasupportgroup.org.uk, Website: http://www.romasupportgroup.org.uk/





SOUTH LONDON

Kennington Community Fellowship - Free Meals

Come dine with us! 2nd Saturday of every month, 1.30pm - 3.30pm.

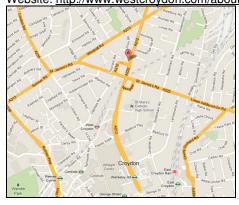
Address: Bishop Montgomery Hall, 58 Kennington Oval, SE11 5SW, Tel: 07810 560495 or 07983 704682



West Croydon Baptist Church - Refugee Day Centre

This meets on the premises and is serviced by volunteers of which many are older retired members of the Church. The Centre is an independent charitable work founded by a church member and adopted in the Church's vision of care for and in the community. The Day Centre began by providing a hot meal and necessities like clothes, dry foods etc. on a Tuesday.

Address: 1 West Croydon Baptist Church, Whitehorse Road, Croydon, Surrey CR0 2JH, Tel: 020 8665 0696 Website: http://www.westcroydon.com/about/mobile/



Southwark Day Centre for Asylum Seekers – Crossway

We have lunch at 1pm. At 2pm we start our advice session and have introductory level English classes, Computer Classes and a crèche service 2pm-4pm.

Address: Crossway, 100 New Kent Road, London SE1, Tel: 020 7740 6399, Email: office@sdcas.org.uk, Website: www.sdcas.org.uk

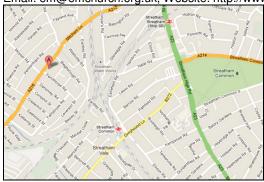




Streatham Drop-in Centre for Refugees and Asylum Seekers

The Centre, based at English Martyrs Church Hall and provides a safe and welcoming environment for many refugee and asylum seeker individuals/families living in the area. On Thursdays the Centre provides complementary therapy and access to health advice in partnership with the Primary Care Trust Refugee Health Team. Fridays volunteers and staff offer support, information and social activities. ESOL classes are provided by Lambeth College. For parents with young children, a crêche is available on site during the day. On Saturday there is a Family Support Group which offers a homework club for 4-12 year olds as well as a mother tongue class in Tigrinya.

Address: English Martyrs Church Hall, 2 Mitcham Lane Streatham London SW16 6NN, Tel: 020 8664 7432 Email: em@emchurch.org.uk, Website: http://www.emchurch.org.uk/



Manna Day Centre

A day centre for homeless people and those in need. Breakfast and lunch provided and hot drinks all day. Clothing available twice a week. All service free. Showers available. Assistance with finding hostel accommodation. Housing and welfare advice. Open: Mon-Saturday 9.30am-1.30pm, Sun, 9.30am-2pm

Address: Manna Day Centre, 6 Melior Street, London, SE1 3QP, Tel: 020 7403 1931,

Email: Administrator@mannasociety.org.uk, Website: http://www.mannasociety.org.uk/documents/Manna.pdf



Missionaries of Charity - Soup Kitchen

Free food for local homeless people. Open: 10am on Mon, Tues, Wed, Fri, Sat and Sun at 3pm

Address: 112-116 St Georges Road, Tel: 020 8960 2644 or 020 7620 1504,

Website: http://www.homelessuk.org/details.asp?id=UK14637





The Spires Centre

Spires is a South London based charity that helps hundreds of homeless and disadvantaged people all year round. It aims to improve the quality of life of people who are homeless, insecurely housed, unemployed or suffering from the effects of poverty, mental ill health and loneliness. Opening times: Monday: 8am-12pm - Women's space, Tuesday: 9-10.30am rough sleepers space, 10.30am-2pm - open access, Wednesday: 10am-12pm - rough sleepers space, Thursday: 9am-1pm - rough sleepers space, Friday: 9am-10.30am - rough sleepers space, 10.30am - 1.30pm Women's space.

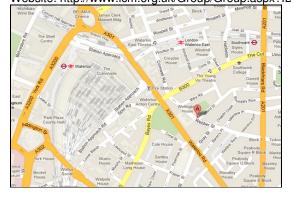
Address: 8 Tooting Bec Gardens, London SW16 1RB, Tel: 0208 696 0943, Email: info@spires.org.uk



Waterloo Christian Centre

Day centre for homeless people and marginalised people. Free tea/coffee and breakfast 9.30am-10am Monday to Thursday and Saturday. Doors open at 9am when tea is available. Showers and clothing store. Film club on Tuesday afternoon. START team every other Thursday. Nurse available 2 mornings a week. Host service for Voicemail4all. Advice service on a Friday morning and art/cultural activities in the afternoon. Majority of clients are male, but females are welcome.

Address: 6-8 Webber Street, London, SE1 8QA, Tel: 020 7928 1677, Email: enquiries@webberstreet.org.uk Website: http://www.lcm.org.uk/Group/Group.aspx?ID=9287





SOUTH WEST LONDON

Ace of Clubs

Ace of Clubs aims to guide homeless or vulnerable people towards a more secure way of life. In addition to this advice, meals are available every day, laundry and shower facilities, healthcare and leisure activities are also provided. Opening times are 12-3pm Monday to Friday. Hot lunch is served from 12 to 1.30pm for £1 and soup and sandwiches are available from 2.15-2.45pm for 50p. Tea and coffee are served throughout opening hours.

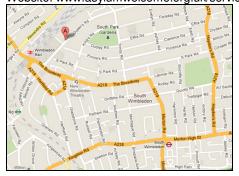
Address: St Alphonsus Road, Clapham, SW4 7AS, Tel: 020 7720 2811 or 020 7720 0178, Email:sarahmiles@aceofclubs.org.uk, Website: http://aceofclubsclapham.org/index.htm



Merton Asylum Welcome

Drop-in for refugees and asylum seekers providing advice provide support in the areas of education (school uniforms, school meals, admissions etc), housing, benefits, debt, access to education and employment, immigration and family support. Our service is free and people using the service don't need an appointment – we operate on a first come first served basis. We offer a nutritious lunch and can help with transport costs for destitute clients. Opening Hours: Wednesdays 12.30pm-3.30pm.

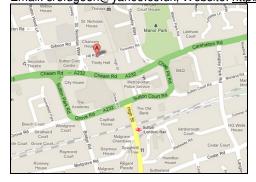
Address: Queens Road Church, 30 Queens Road SW19 8LR, Tel: 0208 646 6564 or 07956 990 671 Website: www.asylumwelcome.org.uk/services/merton-asylum-welcome/



Refugee and Migrant Network Sutton

The Drop-in Centre operates on Wednesdays in term time from 10.00am to 1.00pm. The Drop-in Centre also offers free one-to-one counselling, English classes, a crèche and emergency help for client with an immediate need, including food parcels and household items. Refugee and Migrant Network Sutton also offers advice on immigration, advocacy, housing, benefits and support, school enrolment, GP registration and home visits.

Address: Trinity Church Hall. Hill Road, Sutton, SM1 1DZ, Tel: 020 8770 6983 or 075 1617 5662 Email: srefugeen@yahoo.co.uk, Website: http://www.rmns.org.uk/what-we-offer.html





Wandsworth Asylum Welcome

Wandsworth Asylum Welcome is a friendly open access centre which offers advice, information and support and the opportunity to learn English, and socialise. We provide support in many areas including housing, benefits, access to education, immigration, family support, access to health services, debt, and much more. We work closely with volunteers and partners who provide assistance to clients at the sessions. Our service is free and people using the service don't need an appointment – we operate on a first come first served basis. We offer a nutritious lunch and can help with transport costs for destitute clients.

Address: St. Mary's Church, Balham High Road, Balham, SW12 9BS, Tel: 0208 646 6564, 07956 990 671 Website: http://www.asylumwelcome.org.uk/services/wandsworth-asylum-welcome/



The Vineyard Project

The morning drop-in will have a reception and be aimed at specific needs of body mind and spirit for those who are in crisis or homeless. We will offer food, clothing, shower facilities and comfort. In addition we will signpost to external agencies as well as bringing sources of help to meet points of need such as working in association with Richmond's SPEAR, solicitors, drug and alcohol teams and benefit advisors who will conduct their appointments and services at our premises. We will offer food, clothing, shower facilities and comfort. There will be opportunities to progress from crisis to community through the afternoon community café. It will encourage social inclusion and be used by groups and individuals who are marginalised. Morning drop-in open: Mon-Fri, 8.30am-11am, Community Cafe opens: Mon-Fri, 12.30pm-4.30pm

Address: The Vineyard Community Centre, The Vineyard, Richmond, Surrey, TW10 6AQ, Tel: 020 84399735 Email: info@vineyardcommunity.org, Website: www.vineyardcommunity.org/



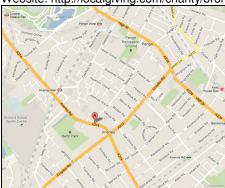


SOUTH EAST LONDON

Bromley Refugee Day Centre

The Centre provides help for refugees to integrate into society. Activities include English classes, a children's crèche, support for families in need, a dinner once a week and a drop-in once a month.

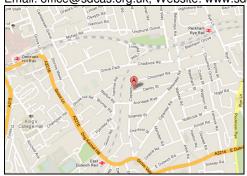
Address: The Hive, Christ Church Centre, 197 Anerley Road, Anerley, Bromley, SE20 8ER, Tel: 020 8778 7014 Website: http://localgiving.com/charity/bromleyrefugeedaycentre



Southwark Day Centre for Asylum Seekers - Copelston Centre

Open Tuesday: 12.30pm – 5.30pm, We have lunch at 1pm and advice begins at 2pm. Introductory level English classes 2pm-5pm, Movement/Dance Women's Group 2pm-3pm and a Men's Well-Being Group (incl. Yoga and Relaxation) 3.30pm-4.30pm. There is also a crèche service 2pm-4pm. We are currently running a Gardening project on Tuesday mornings.

Address: The Copleston Centre, Copleston Road, London, SE15 4AN, Tel: 020 7732 0505 Email: office@sdcas.org.uk, Website: www.sdcas.org.uk



Southwark Day Centre for Asylum Seekers - Peckham Settlement

Wednesdays 12.30pm – 5.00pm. We serve lunch at 12.30pm. At 1.30pm we start advice. From 1.30pm-3.30pm we have introductory level English Classes and Computer Classes 2pm-4pm. 2pm-3.30pm is our Women's Art Group. There is also a crèche service available 1.30pm-4pm.

Address: Peckham Settlement, Goldsmiths Road, London, SE15 5TF, Tel: 020 7277 9799 Email: office@sdcas.org.uk, Website: www.sdcas.org.uk





Southwark Vietnamese Chinese Community

Day centre provides lunch, social/recreational and therapeutic activities, advice, information, signposting/referral, counselling for Vietnamese Chinese community. Advice on benefits, housing, immigration, nationality and health. Language support, translation/interpretation. Chinese language classes during term-time. Opening times: Sun 10am-1pm.

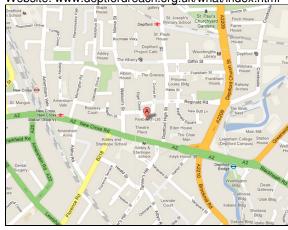
Address: Thomas Calton Centre Alpha Street London Peckham, SE15 4NX, Tel: 020 7277 5425 Email: huybui.svccuk@gmail.com, Website: http://www.homelesslondon.org/details.asp?id=UK5727



Deptford Reach

Deptford Reach is a drop-in centre for adults over 16 years of age who are vulnerable through homelessness, mental ill-health, loneliness, social exclusion and severe poverty. Our services help people move on and rebuild their lives – creating routes back into education, training, employment and meaningful activity. All under one roof. We offer general advice and refer people to other sources of help too.

Address: Speedwell Street, Deptford, London, SE8 4AT, Tel: 020 8692 6548, Email: info@deptfordreach.org.uk/what/index.html





WEST LONDON

Acton Homeless Concern

Addresses the need for a local centre where those who are homeless or inadequately housed can find food, clothing, friendship, companionship. Lunch provided alternate Monday, Tuesday to Friday, and alternate Sunday 12 noon to 1.50 pm. Also offers clothes, showers, advice on benefits and housing. The centre has a visiting GP, chiropodist, optician, dentist, barber and alcohol and drug counsellor.

Address: Emmaus House, 1 Berrymead Gardens, London, W3 8AA, Tel: 020 8992 5768, Email: info@actonhomelessconcern.org, Website: www.actonhomelessconcern.org/what we do.html



Damien Centre

Refreshments and social activities, Monday 10.30am to 12pm, Tuesday to Friday 11.30am-12pm, 2pm-8pm.

Address: 3-5 Church Road, Acton W3 8PU, Tel: 020 8993 6096, Website: www.actonhomelessconcern.org/what we do.html



Broadway Centre

Day centre for rough sleepers and vulnerably housed people. Support and advice on health access, education and learning, work and employment, welfare benefits and legal issues. Information and advice about training and work - reading and writing, budgeting, IT, employment skills, communication skills. Access to shower and laundry services. Open access Mon-Fri 10am-11am. Appointments, groups and classes Mon-Fri 2pm-4pm

Address: 13 Market Lane, London, W12 8EZ, Tel: 020 8735 5810, Email: centre@broadwaylondon.org Website: www.broadwaylondon.org



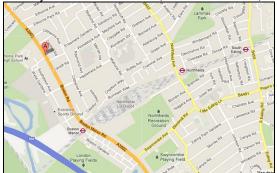


Hanwell Homeless Concern

Provide free food for homeless people in local church halls. Three different locations, Monday, Wednesday, Friday. Doctor available on alternate Fridays. Free clothing when available. Open: 12.30pm - 2pm

Tel: 020 8567 5280, Website: http://homelesslondon.org/details.asp?id=UK4468

Monday: St Thomas's Church, 182 Boston Road, W7 2AD



Wednesday: 52 Uxbridge Road, W7 3SU



Friday: Hanwell Methodist Church, 16 Church Road, W7 1DJ



Missionaries of Charity - Soup Kitchen

Free food for local homeless people. Open 4.30pm on Mon, Tues, Wed, Fri and Sun at 3pm.

Address: Pius X Church Hall, 79 St Charles Square, Ladbroke Grove, W10 6EA, Tel: 020 8960 2644 or 020 7620 1504, Website: http://www.homelessuk.org/details.asp?id=UK14637





St Cuthbert Centre

St. Cuthbert's is an open door drop-in centre for all marginalised/vulnerable people in Earl's Court and the surrounding areas. Cheap food, soup 25p or 40p, main meal £2.10, dessert 70p. Also offer shower, clothing, advice and counselling.

Address: The Philbeach Hall, Philbeach Gardens, Earls Court, London, SW5 9EB, Tel: 020 7835 1389 Email: dropin@stcuthbertscentre.org.uk, Website: http://stcuthbertscentre.org.uk/index_files/Page310.htm



St. John's Church

Soup Kitchen: Open every Saturday and Sunday, 3.30pm - 5pm, in the Church Room at St. John's (entrance from Broomfield Place or the church garden). The Soup Kitchen serves hot food and drinks to the homeless and needy in the Borough of Ealing. There is usually also a selection of clothing and blankets available. 'Open Door' drop in the lounge at St john's for coffee and a chat - Tues and Wed 9am-2pm

Address: Mattock Lane, West Ealing, London, W13 9LA, Tel: 020 8566 3507, Email: office@stjohnsealing.org.uk

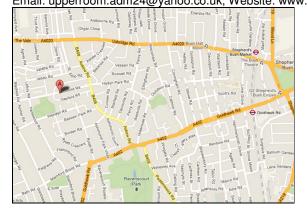
Website: www.stjohnsealing.org.uk/



The Upper Room

The Upper Room is dedicated to the relief of poverty, suffering and social disadvantage working with the vulnerable, marginalised and homeless of West London. All services are free and focus particularly on working with guests to curb addictions, sustain housing and maintain healthy relationships. Provides meals, clothing and bedding, toiletries. Food: Mon-Fri 17.30-18.45, UR4Jobs: Mon, Tues, 12.00-17.00 or by appointment.

Address: St Saviour Wendell Park Church, Cobbold Road, London, W12 9LN, Tel: 0208 740 5688 Email: upperroom.adm24@yahoo.co.uk, Website: www.theupperroom.org.uk





West London Day Centre

The West London Day Centre exists to provide health, housing and education services for rough sleepers in the Westminster area. An on-site Homeless Health Team, mental health support services, accommodation advice, jobs and benefits advice, drugs and alcohol support and reconnection services. The day centre provides breakfast and lunch, showers, laundry, clothing store, luggage storage and mail collection.

Address: Seymour Place, Marylebone, Lonson, W1H 1NT, Tel:0207 5695900, Email: John.Deacon@wlm.org.uk Website: www.wlm.org.uk/what-we-do/wldc





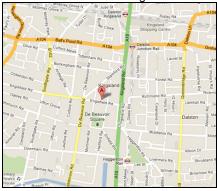
NORTH LONDON

An Viet Foundation

Centre for the Vietnamese community, including refugees and asylum seekers. Advice on benefits, housing, immigration and nationality. Drop-in day care and lunch for older people Monday, Wednesday, Thursday 9.30am-5.30pm. Interpreting and translation service. Training and careers advice. Cultural and social events. ESOL classes.

Address: 12-14 Englefield Road, London, N1 4LS, Tel: 020 7275 7780, Email: anviet@anvietuk.org

Website: www.anvietuk.org



All Saints Church, Breakfast Stop

Thursdays 10am to 12 noon. As well as getting breakfast this is also a great time to receive support and advice on your individual situation. Other services that have been provided at Breakfast Stop include advice on benefit issues, help with finding temporary accommodation and the supplying of clothes.

Address: All Saints Church, Carnegie Street, N1 9QW, Tel: 020 79370720,

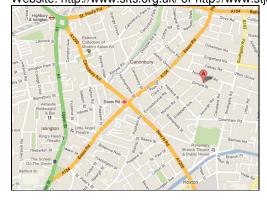
Website: http://www.allsaintsislington.org/inthecommunity.htm



Church of St John the Evangelist

Homeless drop-in and shelter, provides a bed, hot evening meal and breakfast, including for additional guests, whom we cannot accommodate overnight. Affiliated with Shelter From the Storm, referrals only. Opening time: Evening 5.00pm to 9.30pm, Overnight 9.30pm to 6.30am, Breakfast 6.30am to 8.30am. Days: Monday night/Tuesday morning, Wednesday night/Thursday morning, Thursday night/Friday morning, Sunday night/Monday morning

Address: 110-116 Elmore Street, Islington, N1 3AH, Tel: 020 7697 9569 or 07970 848457, Website: http://www.sfts.org.uk/ or http://www.stjohnsislington.org/ChurchGroups.htm





Hackney Migrant Centre

Hackney Migrant Centre is a charity that runs a weekly drop-in for asylum seekers, refugees and migrants. During the drop-in we offer free advice on immigration and housing and benefit problems. We also have a health advocate that can help with access to NHS services and GP registration. HMC welcomes asylum seekers, refugees and migrants from any nationality or immigration status. Interpreters can be booked in advance. Open every Wednesday: 12.30pm-3.30pm

Address: St Mary's New Church Rooms, Spensley Walk, London, N16 9ES, Tel: 07504 332706 Email: info@hackneymigrantcentre.org.uk, Website: www.hackneymigrantcentre.org.uk



New Horizon Youth Centre

A day centre for young homeless people, which provides benefits, housing and careers advice, IT, ESOL, literacy, numeracy, cookery and drama classes. Also provides free laundry, showers and clothes and lunch. Also hosts women only groups, nurse, mental health and resettlement support. Street outreach. Rough sleeper luggage store. Life skills support. Alcohol support on Mon 2pm-4pm. Open Monday-Sunday 10.30am-4pm.

Address: 68 Chalton Street, London, NW1 1JR, Tel: 020 7388 5580, Email: info@nhyouthcentre.org.uk Website: www.nhyouthcentre.org.uk



Kurdish Community Centre

The Kurdish Community Centre (KCC) is a refugee charity organisation which aims to assist the growing Kurdish refugee community in London. The community centre offers educational classes, ESOL, a crèche, a women's organisations. Open every day from 8am to 10pm. Office Hours: 9am to 5pm

Address: Fairfax Hall, 11 Portland Gardens, London N4 1HU, Tel: 0208 8801804, Email: info@kurdishcentre.org Website: www.kurdishcentre.org





Hare Krishna, Food For All

Provide free hot meals for homeless people and other people in need in four outdoor locations Mon-Sat. Tel: 02074373662, 02086170499 or 07946 420 827

Camden Town, Inverness Street (beside vegetable market), Mon-Sat 1pm-1.50pm



Kentish Town, Caversham Road (beside Barclays Bank) Mon-Sat 12pm - 12.55pm



Kings Cross, York Way (beside train station), Monday-Saturday 2pm-2.30pm



St Mary Magdalene Centre for Refugees and Asylum Seekers

Centre providing a range of services for refugees and asylum seekers. ESOL classes (entry levels 1, 2 and 3) Monday-Friday 10am-2.30pm. Lunchtime computer drop-in 12 noon-1pm. Clothes store and food parcels. Art and drama projects

Address: Cross Street Baptist Church, 16-18 Cross Street, London, N1 2BG, Tel: 020 7609 2616 Email: magcas@btconnect.com, Website: http://www.stmarymagdalenecentre.org.uk/





The Margins Project, Union Chapel

The Margins Project, based in the Union Chapel, provides a range of vital support services to people facing homelessness, crisis and isolation in our community and beyond. Our services include: a Sunday Drop-In, where guests receive a hot meal and can access a range of services to meet their immediate needs such as clothing, showers and laundry facilities; an advice and resettlement service; a winter night shelter; a volunteer-run cafe; and different groups and workshops.

Address: Union Chapel, Compton Avenue, Islington, N1 2XD, Tel: 0207 684 0126,

Email: laura.michener@unionchapel.org.uk, Website: http://www.unionchapel.org.uk/pages/margins.html



Kings Cross Baptist Church

Our church drop-in centre is open 2 days a week as a place for the homeless people of the city to drop by, grab food and hot drinks, play pool and table tennis in a warm and safe environment to experience and hear the gospel. Majority of clients are single men, but women are welcome. Open Mon and Tues 11am-1pm

Address: Vernon Square, Penton Rise, King's Cross, London WC1X 9EP, Tel: 020 7837 3976

Website: http://thekingscrossbaptistchurch.com/weekly.html



Muswell Hill Churches Soup Kitchen

Open Sun-Thu 7.45pm-8.45pm. Serves a two course meal to homeless people and others who are in need.

Address: Muswell Hill Baptist Church, Dukes Avenue, London N10 2PT, Tel: 020 8444 7027

Website: www.mhbc.org.uk/community/soup-kitchen.htm





SanKTus

Homeless Project: soup and sandwiches at weekdays and a full meal on Sunday. Provide shower and clothes. SanKTus also run a winter night shelter

Address: 4 Lady Margaret Road, London, NW5 2XT, Tel: 020 7485 9160, Email: pwcoordinator@yahoo.co.uk Website: http://sanktus.org/



Equinox - Spectrum Day Services

Must have a link with the London Borough of Camden and have recourse to public funds. Must have one or more of the following needs: alcohol and/or drug dependency, mental health problems, homelessness. Offers advice, healthcare, training and employment skills. Open: Monday to Friday: 9.30am to 12.30pm, Integrated service: 12.30pm - 7.30pm

Address: 6-9 Greenland Street, Camden, London, NW1 0ND, Tel: 020 7939 9800, Website: www.equinoxcare.org.uk



The Manna, St Stephen's Church

The Manna is for people struggling with addiction, loneliness, depression and poor health. Two drop in sessions per week providing food, clothing, showers and laundry, One-to-one key work advocacy, counselling and advice and other activities.

Address: 17 Cannonbury Road, Islington, N1 2DF, Tel: 020 7226 5369, Email: office@stsc.org.uk





The Factory Community Project

Family support, women's group, adult education including ESOL.

www.thefactorycommunityproject.co.uk/ services@thefactory.uk.net

Address: Office: The Walnut Tree, Bronte House, Mayville Estate, Mildmay Road, London, N16 8LG

Tel:0207241152



Children's Centre: 107 - 109 Matthias Road, Newington Green, London, N16 8NP



Homeless Action in Barnet

Day centre services for people who are street homeless, squatting, in temporary accommodation, in danger of becoming homeless or need help maintaining their tenancy. Meals are £1.50. Day centre open: Mon-Fri,12.pm-3pm (lunch 12pm-1.30pm), Rough Sleepers services: Mon, Tue, Thu, Fri 9am-12pm, Women's Group - Wed, 9am-12pm. Health service provided by Barnet PCT - ask day centre staff for details. Outreach housing support service- ask at day centre or call 020 3115 1185

Address: 36B Woodhouse Rd London N12 0RG, Tel: 020 8446 8400, Website: www.habcentre.org/

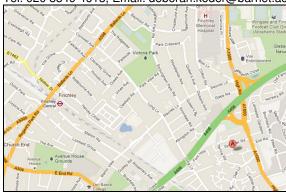




Old Barn Community Centre

New North London Synagogue runs a drop in on the first Sunday of every month for destitute asylum seekers from 2pm-5pm. A meal will be served and clothing and food parcels are available. Volunteer counsellors, homeopaths, doctors and immigration lawyers are available when possible.

Address: Old Barn Community Centre, 20 Fallows Close, Barnet, London, N2 8LG (off Tarling Road) Tel: 020 8349 4613, Email: deborah.koder@barnet.ac.uk or diane.taylor0@talk21.com



Red Cross Refugee Unit

We help vulnerable asylum seekers and refugees access essential services and adjust to life in a new country. We provide advice on immigration and welfare by appointment and emergency support provisions.

Address: Aztec Row, 5 Berners Road, London, N1 0PW, Tel: 020 7704 5670

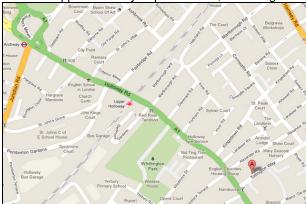
Website: http://www.redcross.org.uk/What-we-do/Refugee-services/Our-services-for-refugees



Archway Drop-in Centre

Weekly drop-in for homeless people and those who are socially isolated or lonely, offering food (light snacks, tea, soup, sandwiches), a change of clothes and somewhere to spend time. Limited counselling, advice and information also available. Entrance costs 50 pence. Open: Monday 10am-1pm

Address: Upper Holloway Baptist Church, 11 Tollington Way, London, N7 6RG, Tel: 020 7272 2104





NORTH EAST LONDON

Finsbury Park Homeless Families Project - Day Centre

Drop-in and advice service for homeless families living in temporary and insecure accommodation, including refugees and asylum seekers. Advice service at a different address: 3rd Floor, Unit 9, 5-7 Wells Terrace N4. This includes advice and help with benefits, housing, immigration. Drop-in at Gloucester Drive provides pre-school playgroup, ESOL, women's group, healthy living session, parental classes, after school club.

Address: St. John's Church Hall, Gloucester Drive, N4 2PJ, Tel: 020 7281 5174,

Email: info@finsburyparkhomeless.org.uk, Website: http://finsburyparkhomeless.org.uk/contact/



North London Action for the Homeless

A small charity that runs a drop-in homeless people and for those in needy circumstances. Our kitchen opens twice a week (Monday lunch: 12.00pm-1.30pm, and Wednesday supper: 7.00pm -8.30pm) and provides a three-course vegetarian meal consisting of thick soup, bread and butter, main course, dessert and tea or coffee free of charge. We provide take-away food and clothing upon request. NLAH is visited periodically by a Health Access Worker, we have a hairdresser who regularly volunteers, a TB specialist and Drug and Alcohol workers.

Address: St Paul's Church Hall, Stoke Newington Road, N16 7UE, Tel: 07891 703 221, Website: www.nlah.org.uk



Stoke Newington Seventh Day Adventist Church

Seventh Day Adventist Church in the Stoke Newington area of Hackney. The Open door drop in centre provides hot meals, clothing and a recreational environment for homeless people on Wed 12.15pm-1.30pm.

Address: 15 - 17 Yoakley Road, London, N16 0BA, Tel: 020 8800 8422





NORTH WEST LONDON

Barnet Refugee Service

Mother and Toddler Group for Asylum Seekers and Refugees: Tuesdays 10:00am -12:00pm (during term time only), This project consists of organising a weekly group for asylum seeker and refugee mothers and their under 5's and runs once a week. The mums learn English through reading, singing, activity, craft and free play sessions with their babies and toddlers. A separate ESOL lesson whilst the children are given a snack and entertained by volunteers.

Address: West Hendon Community Centre, Marsh Drive, NW9 7DG, Tel: 0208 905 9002, Email: Jana@b-r-s.org.uk.



Legal advice and representation for asylum and immigration, and welfare and housing, related matters. To book an appointment, call or email for further information.

General advice, information and support to asylum seekers and refugees on a variety of issues including asylum support, housing, welfare benefits, immigration matters (OISC Level 1) and health. We currently conduct weekly outreach clinics, on a drop-in and appointment basis, in two locations across the borough of Barnet: Barnet College: Fridays 11 - 12.30pm, Edgware Community Hospital: Tuesdays and Fridays 1 -3pm. The asylum and immigration advice surgery is held on the first and third Wednesday of every month. Housing advice is provided on the third Wednesday of every month. ESOI classes - provided at St Matthias Church, call Kathryn Salomon, 02089059002.

Address: 2nd Floor Podium, Hyde House, The Hyde, Colindale, London, NW9 6LH, Tel: 020 89059002

Email: syar@b-r-s.org.uk or anna@b-r-s.org.uk.



Doorstep Homeless Families Project

Services for homeless families with children who have been placed in hostels and other temporary accommodation. Parent support group, play and creative activities for under 5s, laundry facilities, toy library, health sessions, arts and crafts, and various other classes including IT and yoga.

Address: 9a-13a Broadhurst Gardens, London, NW6 3QX, Tel: 020 7372 0413, Email: vicky.fox@btconnect.com

